

PE and School Sport Action Plan

Altarnun Primary School 2017–2018

Altarnun school seeks to improvement again the 5 key indicators expressed by the government. These are:

1. the engagement of all pupils in regular physical activity – kick-starting healthy active lifestyles
2. the profile of PE and sport being raised across the school as a tool for whole school improvement
3. increased confidence, knowledge and skills of all staff in teaching PE and sport
4. broader experience of a range of sports and activities offered to all pupils
5. increased participation in competitive sport.

To enable this, the school is using the following aspects to improve provision:

- The use of physical activity to develop gross motor skills in our very young children so that they easily can develop fine motor skills activities such as writing.
- To ensure that our children are able to access sports competitions at school and at other locations.
- To broaden children’s access to different types of physical activity so that everyone feels included – whatever their ability
- To ensure that the children have the best possible play experience at lunchtimes and at breaktimes so that physical activity is enjoyed, linked with the development of social skills, pupil wellbeing and confidence – outside and in the classroom.
- To access physical activities which will inspire vulnerable learners develop their literacy and numeracy skills.

The total funding for the academic year	2017/18	Funding allocated - £16, 500
Lead Member of Staff – Simon Danby	2017/2018	Governor responsible – Claire Thorne
Total fund allocated - £xxxx	To be Updated – Feb 2018	

Key achievements to date:	Areas for further improvement and baseline evidence of need:
<ul style="list-style-type: none"> • Two staff members upskilled in the teaching of gymnastics and dance • Increase in the number of different sports offered in curriculum • Children have attended Gymnastic and Athletic competitions and played 2 football matches • Delivered outdoor learning programmes to engage reluctant writers and mathematicians and encourage communication and sharing. • Targeted and enabled younger children to swim during Autumn 1 and 2 – this should help develop numbers meeting targets by YR 6 and has been welcomed by parents 	<ul style="list-style-type: none"> • To ensure there is continuity and progression in the delivery of curriculum PE and there is an engaging, broad and balanced curriculum in place. • To introduce a variety of programmes to increase the number of children active for 30 active minutes. Eg active maths/active classrooms through imoves, just dance. • To improve the playground area to ensure it is engaging and children have equipment to use which increases their physical activity. • To upskill key members of staff within the school to increase knowledge and understanding in the delivery of PE school sport and physical activity. • To upskill pupil leaders within the school to promote health and well-being. • Mathematicians through learning in the outdoors. • Playground leaders introduced to ensure active playtimes • To further develop the range of sports on offer after school

Key Indicator 1 : The engagement of all pupils in regular physical activity – Chief Medical Officer guidelines recommend that primary school children undertake at least 30 minutes of physical activity a day in school

Intended Actions with impact on children	Funding allocated	Evidence and impact	Sustainability and next steps
Purchase of equipment for outside PE to support the delivery of the PE curriculum to ensure children have access to a high quality experience in PE.	£400	New footballs purchased	Have a full audit of stock by July so that the school has appropriate equipment for next year and links to teaching curriculum.
Sugar Smart Awareness	Free	Clear action plan in place which has evidenced pupil voice. Phase one of the plan	Encourage the children to develop their own sugar smart blasts. Ensure there is a rotation of activities to continue to engage the children.

		<p>implemented with an increase in the number of children engaged in the playground.</p> <p>Children understand the principles of sugar smart and how to lead a healthy active lifestyle. Greater awareness amongst pupils/parents about the benefits of physical activity and healthy active life style</p>	<p>To consider introducing a one day Arena sugar smart leader course to raise the profile of sugar smart and physical activity across the school or develop a system across the trust.</p>
<p>Introduce iMoves sugar smart blast as a daily physical activity alongside Just Dance exercises to form part of the menu for 30 active minutes for children.</p>	<p>£200</p>	<p>Active Timetable successfully introduced which children have supported in developing. Most classes are having exercise on a morning and afternoon (10 mins) on a near daily basis.</p> <p>A range of activities in place to increase the number of children active for 30 mins.</p> <p>100% increase in the number of children taking part in innovative physical challenges on a daily basis Mon-Fri challenge.</p>	<p>Consider purchasing imoves in the longer term or looking at how we can be creative with exercise using other platforms that utilise the excellent I.T facilities that we have.</p> <p>Make exercise a set timetabled event on a morning and afternoon on entering the class.</p> <p>Vary the exercises on offer to the children throughout the school – possibly bringing in mindfulness, Yoga, peer massage.</p>

<p>Organise a BHF Jump for rope</p> <p>Skipping coach in school/competitions</p> <p>To engage children in a broad range of activities</p>	<p>£200</p>	<p>% participated in activities during the day</p> <p>Increased number of skipping ropes and activities available to children.</p>	<p>Skip to be fit challenge</p> <p>Train up Leaders with games</p>
<p>Purchase pedometers to encourage children to be active and understand the importance of exercise.</p>	<p>£300</p>	<p>Children understand when they are active/inactive</p> <p>Children record in classes how many steps they are completing</p> <p>100% children are more aware of how active they are in Summer 2 compared to Summer 1.</p>	<p>Create a league within the school</p> <p>Join a national league of schools</p>
<p>Health and well-being day (Summer 2)– Encourage the children to be sugar smart and physical active through the delivery of a variety of workshops</p>	<p>£0</p>	<p>All children have a knowledge and understanding of the importance of being sugar smart</p> <p>Most children will have developed the skills to promote a campaign for your school</p>	<p>Investigate a health and well-being week for the children.</p> <p>Investigate gaining healthy schools accreditation.</p>

Key Indicator 2 : The profile of PE and sport being raised across the school as a tool for whole school improvement

Intended Actions with impact on children	Funding allocated	Evidence and impact	Sustainability and next steps
To develop a sports council for the school to raise the profile of PE and school sport (Summer 2)	£0	? pupils a member of the Sports council. Pupils being given the opportunity to make key decisions about PE and School Sport within the school which has raised the profile of PE and school sport. To involve Sportd Governor Claire Thorne.	Continue to develop and extend opportunities for the sports council whole school.
<p>To deliver 1 x literacy days for reluctant writers (YR1,2 and 3) to engage children in the writing process through physical activity in the outdoors</p> <p>To deliver 1 x math days to explore different math concepts and ideas process through physical activity in the outdoors</p>	<p>£500</p> <p>£500</p>	<p>100% of Years 1,2 and 3 produced work around the book 'The beast of Bodmin Moor' for a full day using outdoor learning ideas. The children completed story mapping outdoors using materials that they had collected and the day was targeted at engaging these reluctant writers. All children enjoyed the day and produced writing to a task after receiving scaffolding through a range of hands on activities.</p> <p>The day aslo gave teachers CPD and it provided them with a toolkit of ideas for</p>	<p>Continue to up skill staff in the delivery of active classrooms and learning in the outdoors.</p> <p>The school runs and promotes its own Math and Literacy active days with whole school writing and math events.</p>

		<p>literacy work outdoors for future use.</p> <p>Math day involved Y1-6 using racoon circles, creating math for outdoor use, stick tapping and outdoor work on fractions/orienteering. It has raised the profile of the subject.</p>	
<p>Delivery of Wildtribe sessions to targeted individuals to help children to be active, co-operative learners and develop a sense of self. These sessions were supported with THRIVE for some pupils.</p>	<p>£650</p>	<p>See results from Strength and difficulties assessment.</p> <p>Five children (62.5%) have made significant progress and indicate that they feel good about themselves and are at ease with others and are developing coping startegies which is mirrored in THRIVE results for these children.</p> <p>Recorded behavioural incidents have also reduced for all of the children.</p>	<p>To ensure that the school has somebody who is forest trained and lead to whole staff training so that skill sets are not lost.</p> <p>To further develop work with children through TIS UK.</p>

<p>Delivery of a Wiltribe Ranger day</p>	<p>£300</p>	<p>Helped x amount of children develop their outdoor skills through leadership training.</p> <p>Children take a lead role and organise activities for younger children and peers.</p> <p>X amount of children achieved Wiltribe ranger status and were awarded a certificate and badge.</p>	<p>Ensure that this is a part of break and lunchtime activities.</p>
<p>Delivery of Spindrift sessions after school to promote Dance and drama outdoors</p>	<p>£500</p>	<p>Complete Halloween and Christmas events which attracted a lot of parents and children.</p> <p>Engaged children from Class 2 and 3 in dance production in front of an audience for both events (this had been linked to curriculum time sessions)</p>	<p>Look at how the partnership can be developed in the future -to bring dance to life and for a purpose.</p> <p>CPD and involvement of most teaching staff means that these events can be run by the school itself.</p>
<p>Development of notice boards in school to raise the profile of PE and School Sport for all visitors and pupils – achievement notice boards.</p> <p>Celebration assemblies at both schools to recognise and reward achievement in PE and school sport.</p>	<p>£0</p>	<p>Celebration assemblies delivered once a half term with a focus on achievement in PE and school sport which has raised profile with parents and pupils.</p>	<p>Continue to find interesting and innovative ways of celebrating sports achievement – MVP in lessons</p>

Key Indicator 3 : Increased confidence, knowledge and skills of all staff in teaching PE and sport

Intended Actions with impact on children	Funding allocated	Evidence and impact	Sustainability and next steps
<p>CPD training for staff to include gym, dance Children received high quality sessions and ASC (2 x 6 week blocks)</p>	<p>£1400</p>	<p>Inclusive PE curriculum which up skills teachers and pupils. 2 members of staff trained in gym and dance.</p>	<p>Build into future inset training whole school training in PE and school sport.</p>
<p>Attendance at the sugarsmart conference to upskill staff on requirements of the sugar tax levy and EVC training.</p>	<p>£350</p>	<p>Evidence updated in P.E file and shared with the staff. EVC training allows the school to participate safely in outdoor activities of site.</p>	<p>Continue to support the development of subject leadership whole school.</p>
<p>Employment of a specialist coaches to upskill staff and deliver PE and school sport. Cornwall Cricket (39 x ASC or lunchtime club)</p>	<p>£1850</p>	<p>Fluency, consistency and broad curriculum coverage achieved through the delivery of a comprehensive high - quality PE curriculum. Children understand where they are in their learning and what their next steps</p>	<p>Continue to provide existing staff with the opportunity to be upskilled in PE and school sport. Opportunities created for PE knowledge to be shared whole school. Parents are aware of the progress their children are making in PE and school sport. School and teaching staff which now has significant experience and skill set in P.E will provide its own in house teaching/curriculum and</p>

			assessment.
Delivery of after school sports clubs including Forest School and games (in house) Clubs to be organised for Summer terms (Netball, Athletics, Cricket, Rugby)	£2244	Children from all year groups have enjoyed engaging in the outdoors through a range of sports.	

Key Indicator 4 : Broader experience of a range of sports and activities offered to all pupils

Intended Actions with impact on children	Funding allocated	Evidence and impact	Sustainability and next steps
Visit to Zero Gravity Gymnastics to give the children experience in gymnastics in a fully equipped centre.	£300	100% increase in the numbers of pupils participating in competitive opportunities within school in KS1 (compared to 2016-17) 12 children attended for KS1	Continue to broaden the range of alternative sports delivered.
Transport to events and competitions	£500	100% increase in the numbers of pupils participating in competitive opportunities against other schools(compared to 2016-17). 10 children attended for	% increase in the number of children taking part in level 2

<p>Arrange football matches with local schools to develop competitive sport.</p>	<p>£0</p>	<p>KS2</p> <p>All 22 children who attended were targeted individually to access this to develop confidence and self esteem in P.E and learn new skills through participation.</p> <p>Two matches played against nearby schools and participation in a tournament involving multiple schools (all entered before Summer 1) Children boys/girls have played from Yr3 -6.</p>	<p>Investigate entry into open level 2 competitions.</p> <p>Introduce Arena monthly challenge.</p> <p>Develop intra competitions within school that link to house teams.</p>
<p>Entered the X country inter schools competition.</p>	<p>£200</p>	<p>Upto 20 children from Yr 3-6 have taken part in 5 festival dates from Autumn -Spring 2 where they have run between 1- 2 miles. School aiming to win small schools x country award.</p>	

<p>Development of 1k a day track</p> <p>Marking of the Athletics track and football pitch</p>	<p>£1500</p>	<p>Whole school completes 1k a day most days – weather permitting.</p> <p>Children will have walked 150km by the end of the year.</p> <p>All children have regular access and opportunity, in all weathers to a fitness trail</p> <p>Woodland area completed</p>	<p>Complete the whole track around the field</p> <p>Take walks outside of school. Rough Tor walk as a whole school</p>
<p>Contribution to the school residential for Year 5 and 6</p>	<p>£300</p>	<p>Opportunity to participate in a range of different sports in an offsite setting (Archery, Rifle shooting, Woodland team challenges, Poles and ropes, BMX, pedal carts)</p>	
<p>Running Club clubs set up to engaged children who do not engage in team sports.</p>	<p>£ 200</p>	<p>New club set up to engage children who prefer non games based sports. Increase in the number of girls attending an after school club.</p> <p>X number of pupils attending</p>	<p>Wider range of opportunities will continue to be offered to engage disengaged pupils.</p> <p>Needs of target groups continue to be addressed.</p>

Key Indicator 5 : Increased participation in competitive sport

Intended Actions with impact on children	Funding allocated	Evidence and impact	Sustainability and next steps
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<p>Subscription to ARENA</p> <p>Bikeability</p>	<p>£350</p>	<p>Working in partnership to increase participation and success in competition and access to events.</p> <p>Year 5 are proficient riders and safe</p>	<p>Year on year increase of the number of children taking part in competition.</p> <p>Extend riding to our 1k a day track</p>
<p>Purchase awards for Sports Day</p>	<p>£150</p>	<p>All children receive medals Certificates Record programme for events</p>	<p>Keep updating the school records. Due to higher numbers in R and Y1 think of events that link to them rather than being too formal.</p>
<p>Swimming programme to support an increase in the number of Year 5/6 who can swim 25m.</p>	<p>£1500</p>	<p>% increase in the number of children who can swim 25 metres.</p>	<p>Introduce the 'learn to swim' programme earlier in the school to ensure more children can swim 25 metres by Year 6.</p>
<p>Swimming programme to support an increase in the number of Year R, 1 and 2 to start swimming and engage parents</p>	<p>£2065</p>	<p>19 children from Y1 -3 had the opportunity to learn to swim for 12 weeks over Autumn 1 and 2 term. All children were non - swimmers but they have developed confidence in the water. 63% can swim unaided upto 1 metre and 42% (8 children) can now swim 3m or more unaided.</p>	<p>Ensure that there is some continuation of this next year at Tywradreath so that the children can continue to develop so that they can achieve 25m in Yr4/5 as opposed to Year 6.</p>

Beach safety day organised		<p>Parents have really engaged and have been welcome of the support and have taken the younger children themselves.</p> <p>All children understand dangers of the sea and best ways to prevent.</p>	
Meeting national curriculum requirements for swimming and water safety			Please complete all of the below:
What percentage of your Year 6 pupils could swim competently, confidently and proficiently over a distance of at least 25 metres when they left your primary school at the end of last academic year?		%	
What percentage of your Year 6 pupils could use a range of strokes effectively [for example, front crawl, backstroke and breaststroke] when they left your primary school at the end of last academic year?		%	
What percentage of your Year 6 pupils could perform safe self-rescue in different water-based situations when they left your primary school at the end of last academic year?		%	
Schools can choose to use the Primary PE and Sport Premium to provide additional provision for swimming but this must be for activity over and above the national curriculum requirements. Have you used it in this way?		Yes/No	

Total funding - £16,500

Total funding allocated to date – £ 16,459

Total funding to be allocated - £41